

## FEEDING MV

The Feeding MV Calendar is a weekly information guide to connect Islanders in need of local free and low-cost food and food services on Martha's Vineyard.

The Vineyard Food Equity Network (including providers of emergency food, food pantries, meal programs, nutrition education, nutrition programs, and seasonal community suppers) believes our community is stronger when everyone has equal access to opportunities for health, security, prosperity, and quality of life.

## Saturday

#### Food Pantry 10am – 12pm Island Food Pantry Stone Church

Stone Church Comer of William & Church Streets, Vineyard Haven 508-693-4764

## Community Supper

5:30pm – 6:30pm Trinity Parish House 40 Trinity Park, Oak Bluffs 508-693-4424 January - March

## Sunday

# Community Meal 12:30pm – 2pm Federated Church of Martha's Vineyard

45 South Summer Street, Edgartown 508-627-4421 January - March

**EMERGENCY** 

Emergency food assistance

Call the Pantry 508-693-

4764 (508-693-GROG)

and you will be given

names and numbers of

meet you at the Pantry

Comer of William &

time.

Stone Church

Church Streets,

Vineyard Haven

at a mutually convenient

pantry volunteers who will

is available year round.

FOOD:

## Monday

## Meals on Wheels

10am – 12pm 508-693-4393 For homebound seniors

## Senior Meal Program

12pm – 1pm Tisbury Council on Aging 34 Pine Tree Rd, Vineyard Haven 508-693-8337 Suggested donation of \$2

## Food Pantry

1pm- 2:30pm MV Family Center 35 Greenwood Ave, Vineyard Haven 508-687-9182 For families with children 0-8.

## Food Pantry

2pm – 4pm Island Food Pantry Stone Church Corner of William & Church Streets, Vineyard Haven 508-693-4764

## Community Supper

5:30pm - 6:30pm St Andrews Episcopal Church

51 Winter St, Edgartown 508-693-4424 January - March

## Tuesday

## Meals on Wheels

10am – 12pm 508-693-4393 For homebound seniors

## Food Pantry

10am – 12pm
Tisbury Council on Aging
34 Pine Tree Rd,
Vineyard Haven
508-696-4205
Open 1st & 3rd
Tuesday of the month

## Senior Meal Program

12pm – 1pm 12pm – 1pm Tisbury Council on Aging 34 Pine Tree Rd, Vineyard Haven 508-693-8337 Suggested donation of \$2

## Senior Meal Program

12pm – 1pm Oak Bluffs Council on Aging 21 Wamsutta Ave, Oak Bluffs 508-693-4509

Suggested donation of \$2

## Meal Program

12pm – 1pm Edgartown Council on Aging

10 Daggett St, Edgartown 508-627-4368 Suggested donation of \$2. Please call 24 hours in advance for a reservation. Bring your own container if you wish to take home leftovers.

## Food Pantry

1pm – 2:30pm MV Family Center 35 Greenwood Ave, Vineyard Haven 508-687-9182 For families with children 0-8

## Food Pantry

1pm – 3pm
Edgartown Council
on Aging
10 Daggett Street,
Edgartown
508-627-4368
Open 1st Tuesday of the
month

## Community Supper

5:30pm (Nov - February)
6pm (March - mid June and
Sept - Nov)
Chilmark Community
Church
9 Menemsha Rd, Chilmark

508-645-3100

## Wednesday

Food Access on Martha's Vineyard

## Meals on Wheels

10am – 12pm 508-693-4393 For homebound seniors

## Senior Meal Program

12pm – 1pm Tisbury Council on Aging 34 Pine Tree Rd, Vineyard Haven 508-693-8337 Suggested donation of \$2

## Food Pantry

lpm – 2:30pm MV Family Center 35 Greenwood Ave, Vineyard Haven 508-687-9182 For families with children 0-8

## Food Pantry

2pm – 4pm Island Food Pantry Stone Church Corner of William & Church Streets, Vineyard Haven 508-693-4764

## Community Supper

5:30pm – 6:30pm West Tisbury Congregational Church 1051 State Rd, Vineyard Haven 508-693-2842

## Did you know...

January - April

Meals on Wheels delivers meals to homebound seniors 60 or older in every town. Frozen meals for the weekend are available.

## The Island Food Pantry is open year round on Monday

(2-4pm), Wednesday (2-4pm) and Saturday (10am-12pm). You can receive three bags of food each visit: one bag of basic groceries, one bag of produce, and a third bag of selected food donations. For a second visit bring a referral note. Visits are limited to once every two weeks.

The calendar has been a collaboration by the Vineyard Food Equity

Network – including the Island Food Pantry, Island Grown Initiative, and

Martha's Vineyard Community Services – and The MVTimes. Please con-

INFOGRAPHIC BY NICOLE JACKSON

## Meals on

Thursday

#### Meals on Wheels

10am – 12pm 508-693-4393 For homebound seniors

## Senior Meal Program

12pm – 1pm Tisbury Council on Aging 34 Pine Tree Rd, Vineyard Haven 508-693-8337 Suggested donation of \$2

#### Senior Meal Program

12pm – 1pm
Oak Bluffs Council
On Aging
21 Wamsutta Ave,
Oak Bluffs
508-693-4509
Suggested
donation of \$2

## Senior Meal Program

12:30pm – 1:30pm Up-Island Council on Aging 1042 State Rd, West Tisbury 508-693-2896

## Food Pantry

1pm – 2:30pm MV Family Center 35 Greenwood Ave, Vineyard Haven 508-687-9182 For families with children 0-8.

#### Community Supper

5pm – 6:30pm Saint Augustine Roman Catholic Church 56 Franklin St, Vineyard Haven 508-693-0131 January - March

## Friday

## Meals on Wheels 10am – 12pm

508-693-4393 For homebound seniors

## Food Pantry

11am – 2pm Up-Island Council on Aging 1042 State Rd, West Tisbury 508-693-2896 Open 4th Friday of the month

## Food Pantry

11am – 2pm
Oak Bluffs Council
on Aging
21 Wamsutta Ave,
Oak Bluffs
508-693-4509
Open 4th Friday
of the month

## Meal Program

12pm - 1pm

Edgartown Council on Aging
10 Daggett St,
Edgartown
508-627-4368
Suggested donation of \$5
Please call 24 hours in advance for a reservation.
Bring your own container if you wish to take home leftovers.

#### Senior Meal Program

12pm – 1pm Tisbury Council on Aging 34 Pine Tree Rd, Vineyard Haven 508-693-8337 Suggested donation of \$2

## Food Pantry Serving Hands

Food Distribution
2pm – 4pm
First Baptist Church
66 Spring Street,
Vineyard Haven
508-693-5339
4th Friday of the month

## Community Supper

5pm – 6pm Grace Episcopal Church 36 Woodlawn Avenue, Vineyard Haven 508-693-0332 January - March

# NUTRITION EDUCATION:

# Island Health Care Island Food Pantry MV Partnership for Health

Free Healthy Cooking Classes that include cooking demonstrations, sampling of dishes, and handouts with tips and recipes. Classes focus on healthy cooking using simple techniques and fresh ingredients.

245 Edgartown Road, Edgartown 508-627-5797

## MVH Food & Nutrition Department

Outpatient nutrition consultation. MVH, 1 Hospital Road, Oak Bluffs 508-957-9473

## NUTRITION PROGRAMS:

## Dukes County Social Services Dept

Access to SNAP for those qualified. Tuesday - Friday, 9am - 1pm 9 Airport Road, Edgartown 508-696-3844

#### Salvation Army: MV Service Unit Catholic Parish

Food counseling assistance and grocery voucher program for those in temporary need.

55 School Street, Oak Bluffs

774-563-9436

## Vineyard Health Care Access Program

Access to SNAP for those qualified. Monday - Thursday, 8 am - 5 pm 114 New York Avenue, Oak Bluffs 508-696-0020

## MEAL PROGRAMS:

#### Vineyard Committee on Hunger

Family to Family Program
Holiday food baskets distributed the
Friday before Thanksgiving, Christmas
and Easter, 2-4 pm
First Baptist Church
66 Spring Street, Vineyard Haven
508-693-5339

## Martha's Vineyard Boys and Girls Club

Healthy Happy Kids Program Snack or small meal for kids who attend After School Program 44 Robinson Road, Edgartown 508-627-3303